SIX YEAR PLAN
Entering Class of Odd Years

The following schedule is an ideal six-year student program for the Counseling Psychology Program at the University of Minnesota. Students complete 2 semesters of practicum in Year 2; advanced practicum in Years 3, 4, and 5; an additional full-time internship (or two-year, one-half time internship) in Year 6, and the Ph.D. dissertation in Years 4 and 5.

YEAR ONE

First Semester
Psy 8501: Counseling Psychology: History & Theories 3 cr.
Psy 8503: Interviewing and Intervention 3 cr.
Psy 8814: Analysis of Psychological Data 4 cr.
Psy 8960: Graduate Seminar in Psychology: Professional Consultation Beginning 1 cr.

• Psy 8960: Professional Consultation Beginning is the designated departmental course for participating in the Foundations of Interprofessional Communication and Collaboration (FIPCC) course offered through Academic Health Center (AHC). First year students are required to participate. See website (http://www.ahceducation.umn.edu/1Health/orientation/FIPCC-course/) for FIPCC meeting dates and times.
• Meet with advisor to discuss academic planning, including courses, research, teaching, awards, and conference opportunities, as soon as possible.
• Download and peruse the Graduate School Catalog, the Psychology Graduate Student Handbook, and the Counseling Student Handbook. In planning your curriculum, note that at least two-thirds of the total number of course credits included in any degree program must be taken A-F (Graduate School requirement), whereas many core courses must be taken S/N. Make grade-base choices accordingly.
• In planning your curriculum, consider the course requirements of the Counseling core curriculum, the department’s General Area Distribution Requirements, the APA Substantive Content Areas, and your minor or supporting program.

Second Semester
Psy 5501: Vocational and Occupational Health Psychology 3 cr.
Psy 8502: Assessment in Counseling Psychology 3 cr.
Psy 8541: Seminar: Multicultural Issues in Counseling Psychology 3 cr.
Psy 8815: Analysis of Psychological Data 4 cr.

• Consult with advanced practicum coordinator about applying for beginning practicum in late January. Ask for letters of recommendation for practicum from advisor and Interviewing supervisor/instructor.
• Apply for instructional positions for summer term by late February. Talk to advisor about other summer opportunities, including GRPP grants (proposal typically due mid-March) or jobs.
• Apply for instructional positions for next academic year by mid-March.
• Complete progress form in mid-to-late April.
• Meet with advisor to discuss evaluation and ongoing planning after evaluation letter is received (late spring or early fall of year two.)

YEAR TWO

Third Semester
Psy 8514: University Counseling Practicum I 4 cr.
Psychology Core 3 cr.
Psychology Core 3 cr.
Psy 5993: Directed Research w/ Advisor 3 cr.

• Consult with advisor about conference and presentation opportunities this year (late-November or early-December proposal deadline for APA poster/paper presentations).
Fourth Semester

<table>
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<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Psy 8515: University Counseling Practicum II</td>
<td>4 cr.</td>
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<tr>
<td>Psy 8545: Counseling Psychology Process and Outcome Research</td>
<td>3 cr.</td>
</tr>
<tr>
<td>Psy 8960: Developmental Psychology: Individual and Cultural Influences</td>
<td>3 cr.</td>
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<tr>
<td>Psychology Core</td>
<td>3 cr.</td>
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<tr>
<td>Psy 5993: Directed Research w/ Advisor</td>
<td>3 cr.</td>
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</tbody>
</table>

- Consult with advanced practicum coordinator about choosing and applying for advanced practicum in early February (Practicum application deadlines vary from February to May). Ask for letters of recommendation for practicum.
- Apply for instructional positions for summer term by late February. Talk to advisor about other summer opportunities, including GRPP grants, practica, or jobs.
- Apply for instructional positions for next academic year by mid-March.
- Complete progress form in mid-to-late April.
- Meet with advisor to discuss evaluation and ongoing planning after evaluation letter is received (late spring or early fall).
- Check with minor-area department about requirements for filing and/or completing a minor if applicable (this requirement is omitted for those completing supporting programs within psychology).

YEAR THREE

Fifth Semester

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<tr>
<th>Course</th>
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<tbody>
<tr>
<td>Psy 8542: Ethics in Psychology</td>
<td>3 cr.</td>
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<tr>
<td>Psychology Core or Supporting Program</td>
<td>3 cr.</td>
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<tr>
<td>Psychology Core or Supporting Program</td>
<td>3 cr.</td>
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<tr>
<td>Advanced Practicum</td>
<td>1-3 cr.</td>
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<tr>
<td>Psy 5993: Directed Research w/ Advisor</td>
<td>3 cr.</td>
</tr>
<tr>
<td>Psy 8960: Graduate Seminar in Psychology: Professional Consultation Advanced (optional)</td>
<td>1 cr.</td>
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Sixth Semester

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<tr>
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<tbody>
<tr>
<td>Psy 8544: Vocational and Occupational Health Psychology Research</td>
<td>3 cr.</td>
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<tr>
<td>Psychology Core or Supporting Program</td>
<td>3 cr.</td>
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<td>3 cr.</td>
</tr>
<tr>
<td>Advanced Practicum</td>
<td>1-3 cr.</td>
</tr>
<tr>
<td>Psy 5993: Directed Research w/ Advisor</td>
<td>3 cr.</td>
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</table>

- Psy 8960: Professional Consultation Advanced is the designated departmental course for participating in the Foundations of Interprofessional Communication and Collaboration (FIPCC) mentoring course offered through Academic Health Center (AHC). Contact Dr. Patricia Frazier if you are interested in mentoring for FIPCC.
- File Department of Psychology General Area Distribution Requirement form with Robin Peterson in S246 Elliott Hall as soon as requirements are completed (must be completed before taking Special Preliminary Written Exam).
- Contact faculty to request they serve on your Preliminary Oral Examination committee. Once you have finalized your committee members, you will assign your committee members online (http://www.grad.umn.edu/students/assignprelimcommittee/index.html). Assignment of the committee must be completed one month prior to your Preliminary Oral Examination.
- Complete your Graduate Degree Plan online and get your advisor’s signature on this form. Submit it to the Director of Graduate Studies, who will approve it and forward it to the Graduate School. This form must be received by the Graduate School at least 1 semester prior to your Preliminary Oral Examination.
- Inform Counseling Psychology area director and advisor of intent to take Special Preliminary Written Exam at least one semester prior to semester in which exam will be taken, and establish a date and time for this exam with area director, advisor, and area administrative assistant.
- Obtain reading list and questions for the Special Preliminary Written Exam from program administrative assistant; begin studying for this exam.
- Continue to apply for advanced practica and instructional positions, and to complete progress forms and consult with your advisor about progress and conference opportunities, as in previous years.
YEAR FOUR

Seventh Semester

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<tr>
<td>Psychology Core or Supporting Program</td>
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<td>3 cr.</td>
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<tr>
<td>Advanced Practicum</td>
<td>1-3 cr.</td>
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<tr>
<td>Psy 5993: Directed Research w/ Advisor</td>
<td>3 cr.</td>
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<tr>
<td>Psy 8960: Counseling Psychology Supervision</td>
<td>1 cr.</td>
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</table>

• Psy 8960: Counseling Psychology Supervision is required for lab section leaders of Interviewing and Intervention, Assessment, Multicultural Psychology, and CCAC. You are only required to take this supervision course once; even if you are section leader for more than one of the labs listed.
• Begin dissertation planning (consult with your advisor about dissertation plans).
• Complete Preliminary Written Special Examination.
• After grading of Preliminary Written Special Examination the area director will report the outcome to the DGS, who will submit the information to the Graduate School (must be done at least one week prior to the Preliminary Oral Exam).
• Contact committee members and administrative assistant to schedule date, time, and equipment reservations for the Preliminary Oral. Schedule your Preliminary Oral (http://www.grad.umn.edu/students/prelimschedule/index.html) with the Graduate School. Note that Oral Exams cannot be scheduled during summer.
• Contact committee members and administrative assistant to schedule date, time, and equipment reservations for the Dissertation Proposal meeting.
• Meet individually with committee members to discuss expectations for Preliminary Orals and/or Dissertation Proposal Meeting.

Eighth Semester

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<td>Psy 8960: Counseling Psychology Supervision</td>
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• Psy 8960: Counseling Psychology Supervision is required for lab section leaders of Interviewing and Intervention, Assessment, Multicultural Psychology, and CCAC. You are only required to take this supervision course once; even if you are section leader for more than one of the labs listed.
• Complete Preliminary Oral; submit the signed Preliminary Oral Examination Report form within one working day of completion of the exam (you will need to pick up your form from the Graduate School). The Preliminary Oral Exam must be completed by the end of Fall semester of your 5th year in the program.
• Check with advisor about timeline to complete Dissertation Proposal and if advisor wishes to see drafts or other evidence of progress.
• Present Dissertation Proposal to committee (must be completed by May 15th of the 4th year).
• Continue to apply for advanced practica and instructional positions, and to complete progress forms and consult with your advisor about progress and conference opportunities, as in previous years.
• File the Application for Internship Readiness Certification with the counseling area director (must be submitted in the spring semester prior to the internship application year).
• Over the summer, review APPIC website and begin to choose internships to which you will apply next fall. Begin to request letters of recommendation for internship. Begin work on your AAPI application (online). Application deadlines vary by site from September to December.
YEARS FIVE

**Ninth Semester**
- **Dissertation Research (Thesis Credits; must be completed after passing the Prelim Oral)**: 12 cr.
- **Advanced Practicum**: 1 cr.
- **Psy 5993: Directed Research w/ Advisor**: 3 cr.

**Requirements**:
- Apply for internships (application deadlines vary depending by site from September to December).
- Apply for the internship match by early December.
- Interview with internship sites.
- Request a graduation packet from the Graduate School ([http://www.grad.umn.edu/students/doctoral/index.html](http://www.grad.umn.edu/students/doctoral/index.html)).

**Tenth Semester**
- **Dissertation Research**: 12 cr.
- **Advanced Practicum**: 1 cr.
- **Psy 5993: Directed Research w/ Advisor**: 3 cr.

**Requirements**:
- Submit your rank-order list by early February for internship match.
- Receive match results by late February for internship match.
- Consult with committee members and advisor about requirements for the Final Oral Defense, due dates for Dissertation final draft, and progress toward completion (for example if advisor or committee wishes to see preliminary drafts).
- Continue to apply for instructional positions as appropriate, and to complete progress forms and consult with your advisor about progress, career and conference opportunities, as in previous years.

YEARS SIX

**Eleventh Semester**
- **Internship**: 1 cr.

**Requirements**:
- Consult with your advisor about career planning; request letters of recommendation as needed; apply for jobs.

**Twelfth Semester**
- **Internship**: 1 cr.

**Requirements**:
- Submit the signed Thesis Reviewer's Report form and schedule the Final Oral Defense at least one week prior to the Final Oral Defense. Final Oral Defenses may not be scheduled in summer.
- Complete Final Oral Defense; return the signed Final Oral Examination Report form to the Graduate School no later than one working day following completion of the defense. Final Oral Defenses must be completed within 5 years of the Prelim Oral.
- Complete final progress form in mid-to-late April and consult with your advisor about career planning and progress as needed.
- Fill out the Commencement Attendance Approval Form (details will be announced by the College of Liberal Arts). Order your cap and gown.
- Attend graduation ceremony.

**Thirteenth Semester (Summer)**
- **Internship**: 1 cr.

**Requirements**:
- Submit an Application for Degree to 200 Fraser or 130 Coffey by the first working day of the intended month of graduation. Submit a your dissertation online ([http://www.grad.umn.edu/students/ThesisSubmission/index.html](http://www.grad.umn.edu/students/ThesisSubmission/index.html)) and copies of the title page, signature page (signed by the advisor[s]) and the Microfilm Agreement Form by the last working day of the intended month of graduation.
- Celebrate your new identity as Doctor!