

Last Time

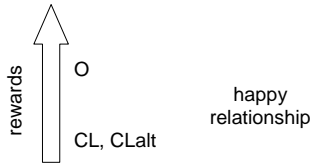
- Intro to relationships
 - Social support
 - Ostracism
- Attraction (e.g., similarity)
- Types of Love

Long Term Relationships

- social exchange theory
 - maximize benefits and minimize costs
 - comparison level (CL)
 - comparison level for alternatives (CLalt)
 - outcomes (O)

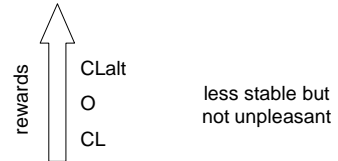
Long Term Relationships

- social exchange theory



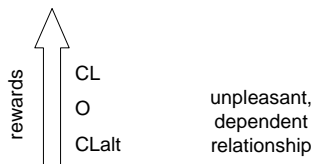
Long Term Relationships

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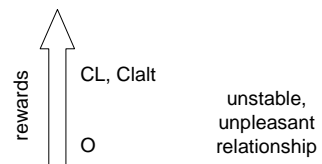
Long Term Relationships

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Long Term Relationships

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Long Term Relationships

- Investment
 - Time, energy, emotional involvement, shared experiences, sacrifices
 - Investments are as important as satisfaction in determining whether we stay in a relationship

The Downside: Unrequited Love

- I. The Importance of Love
 - A. Receiving Love (Carl Rogers)
Unconditional Love

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"The Art of Love"

The Downside: Unrequited Love

- I. The Importance of Love
 - A. Receiving Love (Carl Rogers)
Unconditional Love
 - B. Giving Love (Erich Fromm)
"The Art of Love"
 - C. Reciprocated Love

The Downside: Unrequited Love

- II. How common is unrequited love?
 - A. 60% of college students had loved someone in vain during the past two years (Bringle & Winnick, 1992)

The Downside: Unrequited Love

- II. How common is unrequited love?
 - A. Fairly common in young adults
 - B. More common in men than women (Hill, Blakemore, & Drumm, 1997)

The Downside: Unrequited Love

- II. How common is unrequited love?
 - A. Fairly common in young adults
 - B. More common in men than women (Hill, Blakemore, & Drumm, 1997)
 - C. More common for insecurely attached people (Aron, Aron, & Allen, 1998)

The Downside: Unrequited Love

- III. Problematic interdependence
 - A. *Would-be lover's options*
 - 1. *Suffer in silence*
 - 2. *Court object of his or her affections*
 - 3. *Give up*

The Downside: Unrequited Love

- III. Problematic interdependence
 - B. *Target's options*
 - 1. *Invest in unwanted other*
 - 2. *Spurn unwanted other*

The Downside: Unrequited Love

- III. Problematic interdependence
 - C. *Possible affective consequences*
 - 1. *Humiliation for would-be lover*

The Downside: Unrequited Love

- III. Problematic interdependence
 - C. *Possible affective consequences*
 - 1. *Humiliation for would-be lover*
 - 2. *Guilt for rejector*

The Downside: Unrequited Love

- III. Problematic interdependence
 - D. *Is there a script?*
 - For would-be lover*
 - For reluctant target*

The Downside: Unrequited Love

III. Problematic interdependence

E. The "conspiracy of silence"

Rejector and the "mum effect"

The Downside: Unrequited Love

III. Problematic interdependence

E. The "conspiracy of silence"

Rejector and the "mum effect"

Would-be lover and complicity

The Downside: Unrequited Love

IV. The narrative truth of would-be lovers and those who reject them (Baumeister et al., 1993)

A. Participants wrote true stories.

The Downside: Unrequited Love

Rejector instructions:

"Please write a true story from your own life in which someone was romantically attracted to you and the attraction was not mutual (you were not romantically attracted to the other person). Nearly everyone has experienced such things at least once especially powerful and memorable ; please choose experience."

The Downside: Unrequited Love

Would-be lover instructions:

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B. Reported emotions

1. More positive and fewer negative emotions for would-be lovers compared to rejectors

The Downside: Unrequited Love

IV. The narrative truth of would-be lovers and those who reject them (Baumeister et al., 1993)

C. Self-esteem

1. Loss for would-be lovers
2. No gain for rejectors

The Downside: Unrequited Love

IV. The narrative truth of would-be lovers and those who reject them (Baumeister et al., 1993)

D. Guilt, morality, and humiliation

1. Rejectors
Guilt and self-justification

The Downside: Unrequited Love

IV. The narrative truth of would-be lovers and those who reject them (Baumeister et al., 1993)

D. Guilt, morality, and humiliation

2. Would-be lovers
Oblivious to rejector's feelings
Saw nothing wrong with their own behavior

The Downside: Unrequited Love

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E. Definitions of the situation

1. Would-be lovers
Twice as many believed in reciprocation

The Downside: Unrequited Love

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E. Definitions of the situation

1. Would-be lovers
Twice as many said rejector led them on

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E. Definitions of the situation

2. Rejectors
Twice as many denied leading would-be lover on

The Downside: Unrequited Love

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E. Definitions of the situation

2. Rejectors

Twice as many reported clear rejection

The Downside: Unrequited Love

IV. The narrative truth of would-be lovers and those who reject them (Baumeister et al., 1993)

E. Definitions of the situation

2. Rejectors

Four time as many reported the would-be lover persisted despite rejection