



**“Study abroad is a wonderful learning opportunity not to be missed. I think every psychology student should study abroad”**

**Holly Hatch,  
Assistant to the Director  
of Undergraduate  
Studies**

**Learning Abroad Center**  
(a merged unit of Global Campus & ISTC)  
**University of Minnesota**  
230 Heller Hall  
271 19th Avenue S  
Minneapolis, MN 55455  
612.626.9000  
888.700.UOFM  
UMabroad@umn.edu  
www.UMabroad.umn.edu

*An equal opportunity educator and employer.  
Psych Adv Sheet • 7/03*

# Study Abroad in Psychology

Hundreds of study abroad programs are open to you: Study in Berlin, Germany at Humboldt University, the birthplace of social psychology. Research psychology in Australia, or study criminal behavior and the justice system in the Netherlands. Programs are available in almost any language, and **many programs** are available in English. Study psychology, or take advantage of your destination to study history and culture, complete research on a special topic, or do an internship.

## Study abroad can help you...

- Find great psychology coursework and curriculum
- Understand the field of psychology from an international perspective
- Broaden your academic horizons
- Globalize your world view
- Expand your career opportunities
- Advance your cross-cultural and problem-solving skills
- Improve your language abilities
- Gain confidence in yourself personally and professionally.

Experiences like this will **change your life and career options** in many ways, and with today's increasingly interdependent world, significant cross-cultural experience is exactly **what employers and graduate schools seek**. Don't miss the chance to be first on their list!

## Set goals and plan for results

Psychology students can study abroad at any time during their four years. The process of selecting a study abroad program is similar to selecting your major or minor.

- Begin at least six months in advance of your study abroad. It is never too early to start planning.
- Set some goals. There is not one program best suited for psychology students. There are many good study abroad programs, and the best one for you depends on **what you want**.
- Prioritize your goals. Consider your long-term academic and professional goals, as well as your on-campus degree requirements.
- Prepare academically. You may need to take language or other prerequisite courses for your chosen program.
- Give yourself time to research and talk to advisers and students who have studied abroad.

With proper planning study abroad can help you prepare for your professional life in today's global context.

## Can I afford to study abroad?

YES! Early planning for study abroad helps you make cost-effective program decisions, and it also helps you prepare your finances through savings, scholarships, and financial aid. Financial aid applies to study abroad and, in some cases, your eligibility will increase to cover additional expenses.

When comparing study abroad costs, note that program fees often cover full-time tuition, housing, and most meals. Some programs actually cost less than enrollment at the University.

The University of Minnesota offers more than \$500,000 in scholarships for study abroad. The Learning Abroad Center provides resources on these and a variety of other scholarships available to undergraduate students. Stop by the Learning Abroad Center to research all your options.

## What are my next steps?

### Attend a First-Step Meeting

Learn about study abroad resources and advising by attending a First Step Meeting at the Learning Abroad Center. See [www.UMabroad.umn.edu](http://www.UMabroad.umn.edu) or call 612.626.9000 for the latest schedule.

### Investigate Programs

Use the Learning Abroad Center catalog, resource center, website, and advisers to find a program that fits your goals.

### Talk to your adviser

Use an Academic Planning for Study Abroad form to get approval for major-specific courses. Psychology department advisers will be able to evaluate how your planned course work can be used toward your major or other requirements. More than 1,800 study abroad courses have been approved for Liberal Education Requirements. The database of approved courses is easily accessible on the web.

# Academic Considerations for Psychology Students

Review the following suggestions from the Department of Psychology before beginning to research study abroad program options.

## Study psychology from a different cultural perspective

- Learn about the diverse theoretical orientations and approaches to psychology. See how psychologists in another country view the discipline; choose a program where your professors are from the host country.
- Select courses that are not offered by our department. Broaden your exposure to the discipline and deepen your understanding of psychology.

## Work toward fulfilling psychology major or minor requirements

- Psychology advisers will evaluate international course work to determine its use toward fulfilling major and/or minor requirements. Many psychology courses from universities and programs abroad have been previously evaluated.
- Use an Academic Planning Form for Study Abroad (available at the Learning Abroad Center) to structure and document your consultation with your major adviser.
- For pre-approval of a course that has not already been evaluated, provide a syllabus to the psychology advisers for review at least one month prior to departure.
- Psychology course work taken abroad may be used to fulfill distribution requirements or elective credits within the major. Exact matches with UMTC psychology courses may be necessary for use within the minor program.

## Participate in field study/internship and experiential learning opportunities

- Consider a program that offers experience-based learning and gets you out of the classroom and into the community.
- Participate in an internship to further immerse yourself in the culture and community of your study abroad program. To fulfill major requirements using internship credits, be sure to consult with a psychology adviser in advance of your departure to plan the necessary academic components.
- Experiential learning abroad programs can often be structured to fulfill major requirements if you think creatively and plan in advance with a psychology adviser. Examples include incorporating your experience into a major project, honors thesis, or independent study course.

Study abroad as a psychology major does not have to include the study of psychology at all! As a liberal arts student, you may choose to pursue other interests or fulfill other requirements while you are abroad, returning to your psychology studies upon your return to Minnesota.

## Develop or improve second language skills

- If you are at the beginning or intermediate level, consider a program where you can study and be surrounded by a language.
- If you already have reasonably advanced language skills, consider a program taught in another language.

## Fulfill Liberal Education requirements

- Advance planning can help you use study abroad to satisfy many of the University's Liberal Education requirements. Decide early which requirements you want to satisfy through course work taken overseas so that you can work on other requirements here.
- Consult the Learning Abroad Center's database of study abroad courses that have been approved for Liberal Education: [www.UMabroad.umn.edu](http://www.UMabroad.umn.edu)

## Conduct research under the direction of a psychology faculty member or international colleague

- Discuss your study abroad and psychology academic interests with a psychology adviser. Psychology advisers can link you with faculty members in the department who have colleagues or are conducting research in a particular area of the discipline or region of the world.
- Many faculty members are interested in working with undergraduate students to support a research project that includes a component in another country. Begin early to define your topic and secure the support, both here and abroad, that will be required to successfully complete your project.
- Working in a research lab prior to study abroad will help you better understand the research process and a particular research laboratory. Faculty members who know you and your work will more readily assist you in developing your own unique study-research abroad experience.
- Consult with Learning Abroad Center advisers, even if you are earning UMTC credit for an independent research experience abroad. Learning Abroad Center advisors prepare University of Minnesota students for all sorts of travel, work, volunteer, internship, and study abroad experiences.

# Africa & Middle East

## Jordan

### Middle Eastern Studies in Jordan

- \* Arabic language courses
- \* Internships or volunteer work experience
- \* Rich Middle Eastern Studies academic program
- \* Extensive excursions
- \* Homestay or apartment

**Terms:** Fall or Spring semester

**Eligibility:** Freshman +

**Classes:** Shared with American and international program participants; instruction in English

**Sponsor:** CIEE

## South Africa

### University of Cape Town, Cape Town

- \* Enroll in at least one Africa-specific course
- \* Personalized volunteer opportunities
- \* Intergroup prejudice and conflict theory program
- \* Take psychology at UCT
- \* Cape Town is a vibrant center of contemporary South Africa
- \* Homestay, apartment, or residence hall and field trips

**Terms:** South African schedule (Feb-Jul, Jul-Nov), semester or academic year

**Eligibility:** Sophomore +

**Classes:** Shared with South African students; instruction in English

**Sponsors:** CIEE, Interstudy

# Americas

## Chile

### Integrated Studies in Chile, Valpariaso, Santiago

- \* Access courses from Universidad de Chile, Pontificia Universidad Católica, and more
- \* Social and educational psychology, education, business, and more
- \* Independent study options
- \* Spanish language classes
- \* Homestay

**Terms:** Semester or academic year

**Eligibility:** Freshman +; 2 years Spanish

**Classes:** Shared with Chilean and international students; instruction in Spanish

**Sponsors:** Butler, CIEE

## Cuba

### Universidad de Havana, Havana

- \* Oldest university in western hemisphere
- \* Study history, literature, philosophy, sociology, and more
- \* Noted academic strengths in sociology, literature, and linguistics
- \* Experience a culture usually closed to Americans while pursuing an excellent academic program

**Terms:** Semester

**Eligibility:** Junior +; 2 yrs Spanish

**Classes:** Shared with Cuban students

**Sponsor:** Butler

## Dominican Republic

### Health and Nutrition Issues in Latin America, Santiago, Santo Domingo

- \* Great for pre-medicine students
- \* Field placement internship
- \* Intensive Spanish language
- \* Public Health focus
- \* Homestay

**Terms:** Summer or fall semester

**Eligibility:** Sophomore +; Spanish--1 yr. for summer, 3 years for fall

**Classes:** Some classes integrated with Dominican students, some with program participants.

**Sponsor:** CIC

## Mexico

### Language and Culture of Mexico, Cuernavaca

- \* Intensive Spanish classes, up to one semester in 3 weeks
- \* Combine sessions to maximize learning and minimize cost
- \* Area history and culture courses taught in English
- \* Homestay

**Terms:** Any, including winter and May sessions

**Eligibility:** Freshman +

**Classes:** Shared with program participants, instruction in English and Spanish

**Sponsor:** UMTC Learning Abroad Center

**See "Country Varies" section for more options in the**

# Asia & Oceania

## Australia

### Macquarie University, Sydney

- \* Modern, multicultural institution
- \* Numerous psychology courses available
- \* Internship and volunteer opportunities. Past internships have included: Developmental Disability Clinic, Sydney Hospital

**Terms:** Australian schedule (Feb-July, July-Nov), semester or academic year

**Eligibility:** Sophomore +; 2.5 G.P.A.

**Classes:** Shared with Australian and international students; instruction in English.

**Sponsor:** Australearn

### University of Melbourne, Melbourne

- \* A varied, world-class curriculum
- \* One of the largest psychology departments in Australia
- \* Strong in business, economics, pre-medicine, and indigenous studies among others
- \* Australian studies classes
- \* Well organized International Centre offers trips and support
- \* Internships

**Terms:** Australian schedule (Feb-July, July-Nov), semester or academic year

**Eligibility:** Sophomore + ; 3.0 G.P.A.

**Classes:** Shared with Australian and international students; instruction in English

**Sponsor:** UMTC Learning Abroad Center

### University of Wollongong, Wollongong

- \* Named University of the Year in 1999-2000 by Good Universities Guide
- \* Outstanding academics
- \* Supportive environment
- \* Extensive psychology course offerings

**Terms:** Australian schedule (Feb-Jul, Jul-Nov), semester or academic year

**Eligibility:** Sophomore +; 3.0 G.P.A.

**Classes:** Shared with Australian and international students; instruction in English

**Sponsor:** UMTC Learning Abroad Center

### James Cook University, Townsville or Cairns

- \* Australia's premier tropical university
- \* Numerous psychology courses available
- \* Located near the Great Barrier Reef

**Terms:** Australian schedule (Feb-Jul, Jul-Nov), semester or academic year

**Eligibility:** Sophomore +; 2.5 G.P.A.

**Classes:** Shared with Australian and international students; instruction in English

**Sponsor:** UMTC Learning Abroad Center

## China

### Chinese Studies in Beijing

- \* Classes taught at Beijing Foreign Studies University
- \* Educational and community service internships
- \* 10 credits intensive Chinese and two area studies courses per semester
- \* Liberal arts electives
- \* Field trips and cultural events

**Terms:** Semesters, academic year

**Eligibility:** Sophomore +

**Classes:** Shared with group participants; instruction in English

**Sponsor:** IES

### Exchange in Hong Kong

- \* Chinese University of Hong Kong
- \* Psychology courses in English
- \* High degree of independence and immersion
- \* Very affordable
- \* Ideal location for the study of "greater China"
- \* More than 600 courses per year taught in English in humanities, social sciences, business, engineering, and sciences

**Terms:** Academic year

**Eligibility:** Sophomore +

**Classes:** Shared with host country students, instruction available in English, Mandarin, and Cantonese

**Sponsor:** ISEP

# Asia & Oceania

## Thailand

### Exchange in Thailand, Bangkok

- \* Study at Thammasat University
- \* Strong departments include humanities, social work, and social sciences such as psychology
- \* Certificate in Thai studies
- \* High degree of independence and immersion

**Terms:** Fall semester or academic year

**Eligibility:** Sophomore +

**Classes:** Shared with Thai students, instruction in English or Thai

**Sponsor:** ISEP

See “Country Varies” section for more options in Asia

## Europe

### Austria

#### Area Studies in Vienna

- \* Unique psychology offerings in English or German
- \* Internships
- \* Vienna is important in the history of the psychology discipline
- \* German language classes

**Terms:** Academic year, semesters

**Eligibility:** Sophomore + ; 0-5 semesters German language

**Classes:** A broad variety of area studies courses with instruction in English, University of Vienna courses for students with advanced German

**Sponsor:** IES

### Denmark

#### Denmark’s International Study, Copenhagen

- \* Humanities and social sciences track
- \* Child development and diversity track with supervised practicum
- \* Denmark is a social welfare state that develops novel approaches to education and social services
- \* Study tours explore Europe
- \* Homestay, residence hall

**Terms:** Academic year, semesters, summer

**Eligibility:** Junior +

**Classes:** Shared with other program participants; instruction in English

**Sponsor:** DIS

### France

#### French Language and Culture, Montpellier

- \* French culture courses
- \* Cultural activities and excursions
- \* Homestay, apartment, or residence hall
- \* Extensive support, attention
- \* Intensive French language courses

**Terms:** Semesters, academic year

**Eligibility:** Freshman +; 1 yr. French

**Classes:** Shared with American and international program participants; instruction in French

**Sponsor:** UMTC Learning Abroad Center

#### Integrated Studies in France, Montpellier

- \* Psychology and social science courses at Paul Valery U.
- \* French culture, history, arts courses
- \* Internships with “World of Work” course component
- \* Homestay, apartment, or residence hall
- \* Advanced French language courses

**Terms:** Semesters, academic year

**Eligibility:** Freshman +; 2 yrs French

**Classes:** Combine classes with French students at University of Montpellier with classes designed for non-native speakers; instruction in French

**Sponsor:** UMTC Learning Abroad Center

# Europe

## Germany

### Area Studies in Berlin

- \* Great psychology courses at Humboldt University, the birthplace of social psychology
- \* IES courses use structured field assignments in Berlin, a vibrant economic and social capital
- \* German language courses
- \* Internships
- \* Homestays

**Terms:** Academic year, semesters

**Eligibility:** Sophomore +; 4-5 semesters German;

**Classes :** Some courses shared with German students, some with program participants; instruction in German

**Sponsor:** IES

## Ireland

### Area Studies in Dublin

- \* IES courses taught at IES Dublin in central Dublin
- \* Enrollment options at St. Patrick's College, European Business School, and University of Dublin Trinity College
- \* Internship and field study options available
- \* Liberal arts electives
- \* Apartments

**Terms:** Semesters, academic year, summer

**Eligibility:** Sophomore +

**Classes:** A variety of area studies courses with group participants; enrollment options at Irish institutions

**Sponsor:** IES

### National University of Ireland, Galway

- \* Wide variety of courses available, including psychology
- \* Named "Irish University of the Year 2002" by the Sunday Times University Guide
- \* Known for academic excellence with a global reputation for research and strong community links
- \* Thriving college town with rich Irish traditions
- \* Apartments

**Terms:** Semester or academic year

**Eligibility:** Sophomore +; 3.0 G.P.A.

**Classes:** Shared with Irish and international students; instruction in English

**Sponsor:** Arcadia, Butler

## Italy

### Area Studies in Rome

- \* Psychology of Art, Ethnopsychology, Psycholinguistics, and Psychology of Perception courses developed in consultation with U of M Psychology department
- \* Take liberal arts and social science courses unique to Rome
- \* Courses taught in English
- \* Italian language courses
- \* Internships
- \* Homestay or apartments with Italian students available

**Terms:** Academic year, semesters

**Eligibility:** Sophomore +; no Italian required

**Classes:** Shared with other program participants; instruction in English

**Sponsor:** IES

## Netherlands

### European Criminal Justice—The Dutch Model, Leiden

- \* Great for forensic psychology
- \* In-depth look at crime patterns, societal attitudes toward crime, and the criminal justice system
- \* Focus on juvenile and vice crimes
- \* Great for Sociology double-majors
- \* Combines classroom study and field trips
- \* US faculty

**Term:** Summer

**Eligibility:** Sophomore +

**Classes:** Shared with American and international program participants; classes in the field; instruction in English

**Sponsor:** PSU

## Spain

### International Program in Toledo

- \* Spanish culture, history, arts
- \* Faculty from U of M or the prestigious Fundacion Ortega y Gasset
- \* Intensive Spanish language classes
- \* Internships
- \* Homestay, residence hall
- \* Group excursions

**Terms:** Semester, academic year, summer, May intersession

**Eligibility:** Freshman +; 2.5 GPA, B average in Spanish

**Classes:** Shared with American and international program participants; instruction in Spanish

**Sponsor:** UMTC Learning Abroad Center

# Europe

## United Kingdom

### University of Lancaster, Lancaster

- \* One of the UK's most highly ranked and well respected universities
- \* Wide variety of courses available, including psychology
- \* Independent research and internships

**Terms:** Semester or academic year

**Eligibility:** Sophomore +; 2.75 G.P.A.

**Classes:** Shared with British and international students; instruction in English

**Sponsor:** UMTC Learning Abroad Center

### Study Abroad and Internships in London

- \* Combination of social science coursework with a customized internship is a great fit for psychology majors
- \* Internships have "World of Work" course component

**Terms:** Summer, semester, or academic year

**Eligibility:** Freshman +; Internships require junior standing +

**Classes:** Shared with American program participants

**Sponsor:** UMTC Learning Abroad Center

### University College London, London

- \* Largest psychology department in the country
- \* Courses available in developmental and educational psychology
- \* Set in the heart of London

**Terms:** Semester or academic year

**Eligibility:** Sophomore +; 3.0 G.P.A.

**Classes:** Shared with British and international students; instruction in English

**Sponsors:** Arcadia, Butler

### University of Nottingham, Nottingham

- \* Particularly strong psychology courses
- \* Set near the legendary Sherwood Forest

**Terms:** Semester or academic year

**Eligibility:** Sophomore +; 3.0 G.P.A.

**Classes:** Shared with British and international students; instruction in English

**Sponsors:** Arcadia, Butler

## Country Varies

### English Language Teaching Assistant Program (ELTAP)

- \* Available in over 20 countries, such as Cameroon, Thailand, Czech Republic.
- \* No teaching experience needed
- \* Assist English language instructors in international public schools
- \* Recieve 12 semester credits
- \* Homestay, apartments, or residence halls
- \* Focuses on cross-cultural understanding

**Terms:** Fall or spring semester

**Eligibility:** Freshman +

**Classes:** Supported independent work; instruction in English

**Sponsor:** UMM

### Global Seminars

- \* 10-15 topics/sites offered each year
- \* Led by University of Minnesota faculty
- \* Look for a list of the year's Global Seminars at the beginning of each Fall Semester at [www.UMabroad.umn.edu/globalseminars.html](http://www.UMabroad.umn.edu/globalseminars.html)

**Terms:** 3 weeks during May intersession or winter break

**Eligibility:** Generally geared toward freshmen and sophomores

**Classes:** Project-based, participants are University of Minnesota students

**Sponsor:** UMTC Learning Abroad Center

# Country Varies

## Minnesota Studies in International Development (MSID)

### Ecuador, Ghana, Kenya, India, Senegal

- \* International development focus
- \* Individualized field placement internship in social service, small business development, public health, environment; great opportunities for a psychology major
- \* Excellent for senior paper or honors thesis
- \* Interdisciplinary learning
- \* Individual academic support
- \* Live and work alongside Africans, Ecuadorians, or Indian people
- \* Wolof, Swahili, Hindi, or Spanish language classes
- \* Homestay

**Terms:** Fall, spring, or academic year

**Eligibility:** Junior +; 2 yrs. French for Senegal; 2 yrs. Spanish for Ecuador

**Classes:** Independent experiential learning shared with other program participants; instruction in English in Kenya, Ghana and India, French in Senegal, and Spanish in Ecuador

**Sponsor:** UMTC Learning Abroad Center

## Student Project for Amity among Nations (SPAN)

- \* 1 year of research design and preparation
- \* Internships, interviews, site visits conducted in-country
- \* Faculty supervision
- \* Excellent for senior paper or honors thesis

**Terms:** Summer abroad with Fall Semester thesis follow-up

**Eligibility:** Freshman +; language prerequisite varies per country

**Classes:** Independent work with other student collaborators

**Sponsor:** SPAN

# Program Sponsor Websites

To learn more about these programs, come to the Learning Abroad Center and use our resources and advisers, or visit the website that corresponds with the program sponsor listed in parentheses with each program description.

### Arcadia

[www.arcadia.edu/cea](http://www.arcadia.edu/cea)

### Australearn

[www.australearn.org](http://www.australearn.org)

### Butler

[www.ifsa-butler.org](http://www.ifsa-butler.org)

### CIEE

[www.ciee.org](http://www.ciee.org)

### DIS

[www.disp.dk](http://www.disp.dk)

### IES

[www.iesabroad.org](http://www.iesabroad.org)

### Interstudy

[www.interstudy.org](http://www.interstudy.org)

### ISEP

[www.isep.org/nus](http://www.isep.org/nus)

**Learning Abroad Center, PSU, CIC, SPAN, & UMM**

[www.UMabroad.umn.edu](http://www.UMabroad.umn.edu)